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Amemura

Shinsaibashi

TRIANGLE PARK

DOTONBORI RIVER

SENNICHIMAE STREET

Hips

Namba





1 Paprika Vegan Dining



VEGAN-FRIENDLY FOOD - In Japan it's difficult to find vegetarian-friendly restaurants, so Paprika is all-organic oasis! The staff are friendly, their meals are great even for non-vegans and they have great variety.

I Recommend - their "today's lunch set", it changes daily and is great value. Their sweets are awesome too.

Open: 11:30-14:00 for lunch, 17:30-23:00 for dinner.



2 Craft Burger



DELICIOUS BURGERS - What's not to love about burgers, and this place does them incredibly well. You want pulled pork? Gorgonzola? Western BBQ burger? These are all treasured memories of mine, and I'm dribbling recalling them. :)

I Recommend - enjoying your burger with one of their selection of Japanese craft beers.

Open: 11:30-23:00, closed Mondays.



3 Lilo Coffee



COFFEE SPECIALTY CAFE -

Right next to novelty store “Village Vanguard” is the crafty wee Lilo Coffee. They take their caffinated beverages seriously here, and if you take your coffee creative and independent, then you’ll love them.

I Recommend - checking through their list of beans and taking your tastebuds on an earthy adventure.

Open: ???



4 Bistro New Orleans



AUTHENTIC SOUTHERN CUISINE -

Chef “CC” made Osaka home but missed his grandmother’s delicious cooking, and we get to benefit! Lovely spicy gumbo, a friendly atmosphere and so many other things make this a must-eat.

I Recommend - everything, but especially the “chaurice”, a flavorful, spicy hamburger that will change your life.

Open: 17:00-23:00, closed Tuesdays.



5 Ippudo



RAMEN - Founded in Fukuoka in 1985, Ippudo has spread here to Osaka and all over the world, with their top-quality ramen winning accolades in such food-famous cities as New York & London. Taste the reason for their success here.

I Recommend - the “karakamen” spicy broth. Then chose your spice level, noodle consistency and enjoy!

Open: from 11:00 until 01:00, or until 2am on weekends.



6 Biotop - Cubierta



PIZZA & CRAFT BEER - On the roof of Biotop building is green, leafy rooftop garden Cubierta. Gourmet thin-crust pizza, delicious beers and wine to accompany it, makes for a gorgeous outdoor dining experience in any weather.

I Recommend - any of the pizzas and beers on offer. Particularly good in Spring or Autumn.

Open: ???



7 Mondial - Gut Wolf



COFFEE STALL - A convenient place to get a satisfying take-away cup of coffee. They roast their beans on the premises, so enjoy contemplating the maze of silver piping while the friendly guy on staff brews up your caffeine fix.

I Recommend - the cafe latte, it's a slightly-strong delight. They have light snacks too.

Open: 10:00-21:00, weekends 10:00-23:00



8 Wanaka



TAKOYAKI SPECIALTY STORE - A great place to try Osaka's famous "octopus balls." Their service is quick, and you can choose from four flavours - Wanaka original, special salt, soy sauce, or thick. Beware - very hot on the inside!

I Recommend - either the "salt" (shio) or original (oreejenahroo) flavor, & enjoying them with a cool beer.

Open: 10:00 til 23:00, or 08:30 til 23:00 on weekends.



9 Takotako King



OSAKA OCTOPUS & FRIED STUFF - You'll spot the huge octopus from miles away. The staff enthusiasm here is infectious, and the food won't disappoint either. Okonomiyaki and many other delicious treats await you inside.

I Recommend - dropping in here for at least a bite on a drunken night out. The yakiudon fried noodles rock too.
Open: ???.



10 Kani Doraku - Amimoto Honkan



CRAB - Looking straight out of

"Spirited Away", this is a gorgeous but less busy version of *Kani Doraku*, the famous Dotonbori restaurant! Eat crab as sashimi, as shabu-shabu, sukiyaki, boiled, grilled, tempura...

I Recommend - the moegi kaiseki set for lunch (until 4pm), or the kani-suki (we love crabs!) course for dinner.
Open: 11:00 to 23:00 every day, last order at 10:30pm.



11 Slices



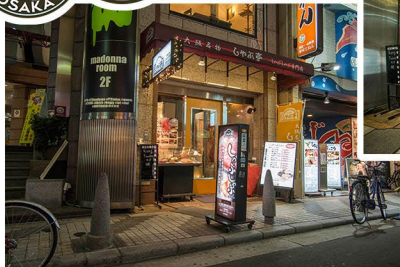
PIZZA, POUTINE & BAR - Owned & run by the friendly Seng And Sone, Slices brings a slice of Canada to Osaka with delicious pizza, great lunch sets and a good place to relax with drinks & some delicious North American food.

I Recommend - the lunch sets. They make a fairly mean cup of coffee too, so here is good for nursing hangovers.

Open: ???



12 Shabutei



SHABUSHABU - good-quality beef and their "Goma-dare" dipping sauce is so tasty many people drink it like a soup after finishing their meals! The beef shabu course includes vegetables, mochi, tofu, udon, and sherbet for desert.

I Recommend - the beef course that comes with the above. Dip quickly - once, twice and eat! Less is more. ;)

Open: 11:00 to 23:00, every day.



13 Zundoya



RAMEN - A must-try for ramen lovers! The soup is thick and creamy, the chashu (pork slices) is very tasty, soft and not too fatty. The friendly staff speak english, & Saki will kill me if I don't recommend her favorite ramen restaurant. ;)

I Recommend - the "Ajitama ramen" or "Ajitama HOT ramen" (if you like it spicy) enjoyed with Gyoza and beer.

Open: 24 hours a day, every day!



14 Yoshinoya



GYUDON DONBURI - Yoshinoya chain restaurants live up to their motto of providing food that's "tasty, cheap and fast". Mainly Gyudon (beef on rice) but they have a curry, soba and sets with miso soup and pickles too.

I Recommend - (of course) the gyudon set with miso. You can choose sizes depending on how hungry you are.

Open: 24 hours, every day!



15 Tenya



TENPURA DONBURI - Their tasty speciality is "Tendon" - rice topped with deep-fried vegetables, fish or other delights. The service is good, prices are reasonable, & they have English menus. A local favorite, great for those on a budget.

I Recommend - the "Tendon" or grandiosely-named "Ganzo All-Star Tendon."

Open: from 11:00 until 23:00, every day.



16 Zuboraya



FUGU - POISONOUS BLOWFISH - You won't miss the sign of this restaurant: a huge papier-mâché "fugu" blowfish! Zuboraya is a restaurant committed to serving reasonably-priced meals of this typically high-class fish.

I Recommend - "Tessa" thinly-sliced sashimi arranged like petals, "Tecchiri" hotpot, or deep fried "fugu karaage".

Open: 11:00 to 23:00 every day, last order at 10:30pm.



17 Daruma



KUSHIKATSU - I don't know what the mascot is so angry about, his deep-fried skewers are cheap, delicious and very popular. Let his scowling face welcome you to a variety of tasty treats like beef, sweet potato and "mochi" rice cake.

I Recommend - NEVER double-dipping! The sauce is shared, so dip once before eating and never post-bite! ;)

Open: 12:00 lunchtime until 22:30, every day.



18 Sushi Zanmai



SUSHI - Next to the creepy clown is fresh sushi! This isn't "Kaitenzushi" - conveyer-belt sushi, you order directly from the chef or staff. They are used to tourists and have english menus available. Popular with tourists and locals alike.

I Recommend - unagizushi - tasty eel sushi! Everything is fresh and the staff are friendly. Try whatever you like.

Open: every day, 24 hours a day.



19 Dotonbori Imai



UDON - One of the most famous udon shops in Osaka with a gorgeous traditional Japanese exterior. The wonderful taste of their udon and udon nabe comes from a carefully cooked broth of kelp and bonito flakes.

I Recommend - Kitsune-udon or tempura udon. If you're very hungry, add "Tamago-don" - half-boiled egg on rice.

Open: 11:00-07:30 every day. Open super late!



20 Daiki Suisan



CONVEYOR BELT SUSHI - Saki translates "kaitenzushi" adorably as "Sushi-go-round," which makes me think of a merry-go-round with children riding giant fish. :D Good value, with a commitment to freshness and English menu as well.

I Recommend - "today's kaisen-kushiage" or "taco karaage(Deep-fried Octopus)" or anything, really.

Open: 11:00 to 23:00 every day.



21 Yawaraka Hozenji



SUKIYAKI - Near Hozenji shrine in central Namba is one of the best sukiyaki joints in Osaka. The price is cheap but the meal is very tasty indeed, great value. Most of the friendly staff speak english, and you can get an english menu too.

I Recommend - sukiyaki (with udon) or the Motsunabe (beef or pork tripe hotpot). With beer, of course. :)

Open: 17:00-23:30, 12:00-23:30 on Sundays & holidays.



22 Matsuzakagyu



YAKINIKU - Matsuzaka beef is one of three major types of wagyu (japanese beef). Both the food and the service is AMAZING and famous among tourists. Private rooms for couples or families are available too.

I Recommend - the matsuzakagyu yakiniku course. It's expensive though, you pay for quality like this.

Open: from 17:00 to 24:00, last-order at 11pm.



23 Tsuki No Odori



YAKITORI - A Yakitori restaurant with over 80 years of history, this is an Osaka legend! Impeccably chosen and prepared ingredients make for a delicious meal. All the skewers are just 80yen and very tasty! Friendly staff & great food.

I Recommend - chicken hearts. Eat the heart of the chicken, gain the strength of the chicken. ;)

Open: 16:00 to 23:00, closed on Thursdays.



24 Tsurutontan



UDON - Enjoy dining in a restaurant that looks like a traditional wooden Japanese home. They serve udon in huge bowls and you can upsize your portion for no extra charge. They offer a good variety of other Japanese foods like sashimi too.

I Recommend - the tsuruton-zanmai or Katsu-curry udon, or branch out with tempura, sushi or something else. ;)

Open: 11:00-07:30, open super-late for midnight snacks!



25 Gyukaku



YAKINIKU - Become the BBQ shogun and seize charge of your own personal japanese-style BBQ! This chain restaurant has delicious slices of animal flesh for reasonable prices and English menus too, so satisfy your inner carnivore!

I Recommend - the 90-minute *all-you-can-eat* "Gyukaku course" (Add 1,580 yen for *all-you-can-drink* too!)

Open: from 5pm until 12pm, every day.



26 Shinano Soba



SOBA - A favorite of famous Yoshimoto comedians, this noodle shop is old, authentic and awesome. Their special dish is Soba but the udon and donburi are tasty too. The staff are friendly and warm but don't speak english though. ;)

I Recommend - "Kizami soba", "Curry udon" or "Haikara-don" (fried tempura batter cooked with lightly beaten egg)

Open: from 11:00 until 11pm, closed Thursdays.



27 Fukutaro



OKONOMIYAKI - Super-fresh ingredients make for tasty food! Their special dish unique to Osaka is "Negiyaki" - okonomiyaki with lots of diced Japanese green leeks. Enjoy watching them cook it for you while you wait.

I Recommend - the pork negiyaki, the avocado tofu, and getting there early or late because it gets busy!

Open: 17:00-00:30 weekdays, 12:00-24:00 on weekends.



28 Chibo



OKONOMIYAKI - A great place to try famous-in-Osaka "Okonomiyaki", or "as-you-like-it-pancake." Vegetarians don't need to suffer, with great vegetable okonomiyaki available too. English menus and friendly staff make ordering easy.

I Recommend - their famous "Dotonbori Yaki", washed down with a cool beer. The yaki-soba is great too!

Open: 11:00-01:00, closes at 24:00 on Sundays & holidays.